

Millet

Miracle Grains



विडल

TRUE TASTE OF
TRIBAL
TRADITION

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Climate benefits

- Pest free crops
- Foods of future
- Grow on the poorest of soils
- Produce multiple securities
- Free from any synthetic fertilizers
- Climate change compliant crops

Health benefits

- Detoxify Body
- Treats Anemia
- Helps Digestion
- Increases Lactation
- Reverts Skin Aging
- Reduces Cholesterol
- Combat Malnutrition
- Store-houses of nutrition
- Controls Diabetes & Blood Pressure
- Helps in Weight Loss
- Increases Bone Strength

Millet as Climate Change Compliant Crops

All these qualities of millet farming system make them the. Climate change portends less rain, more heat, reduced water availability and increased malnutrition. If there is any cropping system that can withstand these challenges, survive and flourish, it is the millet system. It is important to note that with the projected 2 degree celsius temperature rise, wheat might disappear from our midst, since it is an extremely thermal sensitive crop. Similarly, the way rice is grown under standing water makes it a dangerous crop under climate change conditions. Methane emanating from water-drenched rice fields, is a green house gas, that severely threatens our environment. Millets are all-season crops whereas wheat is season specific.

Only millets have the capacity to meet this challenge:

Since they are already capable of growing under drought conditions, they can withstand higher heat regimes. Millets grow under non-irrigated conditions in such low rainfall regimes as between 200mm and 500 mm. Thus, they can also face the water stress and grow. Each of the millets is a storehouse of dozens of nutrients in large quantities. They include major and micro nutrients needed by the human body. Hence they can help people withstand malnutrition.

In view of all these features that they so amazingly combine, millets can only be called as **Miracle Grains**

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