

# Millets as Miracle Grains

## Climate benefits

- Pest free crops
- Store-houses of nutrition
- Grow on the poorest of soils
- Produce multiple securities
- Free from any synthetic fertilizers
- Climate change compliant crops
- Foods of Future

## Health benefits

- Detoxify body
- Treats Anemia
- Helps Digestion
- Increases Lactation
- Reverts Skin Aging
- Reduces Cholesterol
- Combat Malnutrition
- Controls Diabetes & Blood Pressure
- Helps in Weight Loss  
Increases Bone Strength

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TRUE TASTE OF  
TRIBAL  
TRADITION



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